

Cataract Evaluation

Please use this guide to prepare for your visit, we look forward to seeing you!

What to Expect During your Visit:

- **Check-In:**

To help us get started smoothly, please arrive about 15 minutes early. This will give us time to complete some paperwork before your appointment.

- **Initial Testing & Screening:**

Our technicians will perform tests to determine how cataracts affect vision, which will help us better understand your needs.

- **Pupil Dilation:**

We'll use drops to dilate your pupils to get a clear view of your eyes. This will blur your vision for the next 4-6 hours. You can drive after, but we recommend using sunglasses, as you will be light-sensitive.

- **Comprehensive Eye Exam:**

Our doctor will conduct a thorough eye exam and discuss the best lens options and cataract surgery tailored to your needs.

- **Surgical Consultation:**

You'll meet with a surgical counselor to review the doctor's recommendations and schedule your surgery and other appointments.

What to prepare for your visit:

- Please check your text messages or visit our website, under the **'patient information & forms'** section, to complete and submit the Cataract Questionnaire.
- Pre-register for your appointment through the link sent to you via text message.
- A Government Issued ID
- Insurance Care(s)
- Bring a referral if your insurance plan requires one.
- A list of your current medications & Allergies
- Bring your glasses
- Be aware of any co-insurances & Copays that may apply

Doing this will make your appointment more efficient and reduce your time in the office.

Cataract Surgery

A quick guide to the different types of lenses available to help you make the best choice for your vision needs.

What is Cataract Surgery?

Cataract surgery is a common and effective procedure where we remove the cloudy lens from your eye and replace it with a clear, artificial one. This surgery can greatly improve your vision and enhance your quality of life.

Choosing the Right Lens for You

- **Light-Adjustable Lenses**

Light-adjustable lenses offer the unique ability to fine-tune your vision after surgery using light adjustments.

- **Premium Multifocal Lenses**

Premium multifocal lenses are designed to offer clear vision at multiple distances—near, intermediate, and far—without the need for glasses.

- **Toric Lenses**

Toric lenses are specially designed to correct astigmatism, which can affect both distance and near vision.

- **Standard Monofocal Lenses**

Standard monofocal lenses are designed to provide clear vision at one specific distance, typically for distance vision.

You and your doctor will discuss which of these lenses will best fit your needs and lifestyle.

Traditional Cataract Surgery

Traditional cataract surgery is a well-established and effective procedure designed to restore clear vision by removing the cloudy lens from your eye and replacing it with a new, artificial lens. Your surgeon creates a small incision to remove the cloudy lens. This is typically done using phacoemulsification, where high-frequency ultrasound waves break the lens into tiny pieces that can be easily removed.

Laser-Assisted Cataract Surgery

Laser-assisted cataract surgery is an advanced and precise technique that improves traditional cataract surgery by using laser technology. The procedure involves using a laser to create exact cornea incisions and break up the cloudy lens. This advanced technology offers exceptional accuracy, helping to minimize the risk of complications and improve overall outcomes.