



Press Contact:

Katia Carpio
Marketing Director
Kcarpio@voeyedr.com
301-896-0890 ext. 149

Reena Garg, MD, and Visionary Eye Doctors are among the first practices in the Washington, DC Metropolitan area to offer iDose® TR as a treatment for Glaucoma

Rockville, MD, January 17, 2025—Dr. Reena Garg and Visionary Eye Doctors are proud to be among the first practices in the Washington DC Metropolitan area to offer iDose® TR (travoprost intraocular implant) as a treatment option for glaucoma. This innovative therapy delivers long-term, continuous drug release directly inside the eye to control elevated intraocular pressure, reducing reliance on prescription eye drops.

Dr. Garg, the first to implant iDose TR in the region, noted the benefits for patients who struggle with eye drop adherence or experience side effects. With a simple, one-time implantation procedure, iDose TR provides a hands-free alternative to manage open-angle glaucoma or ocular hypertension.

Glaucoma is an eye disease caused by increased intraocular pressure, which can damage the optic nerve that conveys visual information from the eyes to the brain. If left untreated, glaucoma can lead to permanent damage and irreversible vision loss. Prescription eye drops are the most common treatment for glaucoma, but they can be difficult for patients to use correctly and may cause uncomfortable side effects. High rates of non-compliance and non-adherence to prescription medications can accelerate disease progression.

“With iDose TR, we confront the standard practice of relying on topical drops, which may cause unpleasant side effects and be challenging to administer multiple times a day properly,” said Reena Garg, MD. “By delivering an effective therapy directly inside the eye, iDose TR is an alternative to prescription eye drops and a hands-free way to keep eye pressure under control.”

During a clinical study, 8 out of 10 patients did not need prescription eye drops 12 months after administration of iDose TR. The iDose TR treatment process involves a simple, one-time implantation procedure, after which the device continuously releases medication inside the eye. iDose TR may be particularly beneficial for patients who have difficulty adhering to a daily medication regimen or whose condition is uncontrolled on topical glaucoma medications.

“Visionary Eye Doctors is dedicated to fulfilling the promise of providing the most advanced technology and treatments to all of our patients,” said Reena Garg, MD. “iDose TR represents a significant development in how we can proactively address glaucoma care, and we are proud to be among the first practices to make this therapy available.